

臺大學生身心健康調查

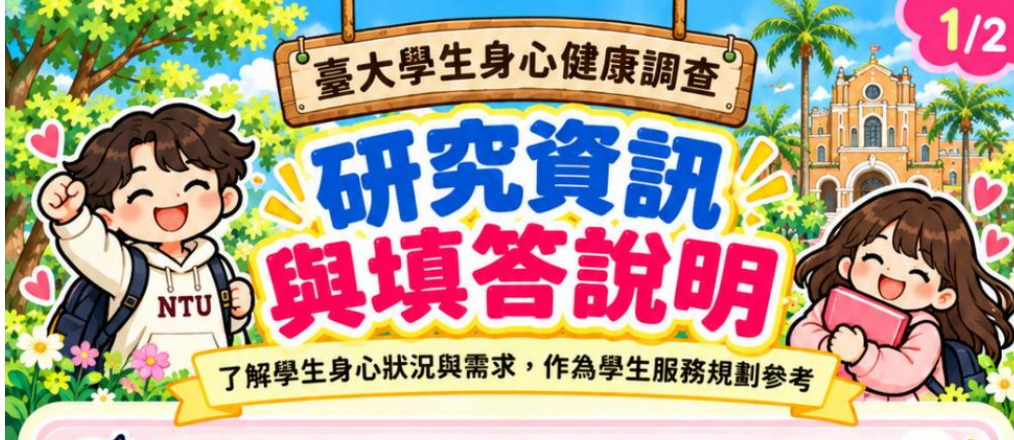
NTU Student Mental Health Survey



截止日期: 2026/11/15

Deadline: 2026/11/15

活動負責人: 心理系姚開屏老師



了解學生身心狀況與需求，作為學生服務規劃參考



研究目的

本研究以臺灣大學大學部及研究所學生為對象，透過線上問卷了解學生的身心狀況與需求，作為學校規劃學生服務的參考。



填答時間

完整填寫問卷約需
20-30 分鐘。



資料處理

填答資料將保密處理，並以整體資料進行統計分析。



研究倫理

本研究經國立臺灣大學行為與社會科學研究倫理委員會審查通過 (202507HM096)。



抽獎程序

完成問卷並經判定為有效資料者，可取得抽獎資格。



直接開啟問卷 (可點擊，也可複製網址)

大學部： <https://eform.cc.ntu.edu.tw/?designer=scc&database=ERPS&solution=SOLUTION1>

研究生： <https://eform.cc.ntu.edu.tw/?designer=scc&database=ERPS&solution=mQuestion>



請依身分選擇對應問卷版本



抽獎品項示意



Apple 3C 產品
(如 iPad、AirPods 5)

腳踏車



超商商品券

(NT\$1,000、NT\$500)



如何填答？



大學部學生

請掃描 QR code 或
點選下列連結填寫問卷：



<https://eform.cc.ntu.edu.tw/?designer=scc&database=ERPS&solution=SOLUTION1>



研究生

請掃描 QR code 或
點選下列連結填寫問卷：



<https://eform.cc.ntu.edu.tw/?designer=scc&database=ERPS&solution=mQuestion>



相關說明

- 1 問卷開放至 **11 月 15 日**。
- 2 完成問卷並經判定為有效資料者，可取得抽獎資格。
- 3 中獎通知預計於 11 月中旬後寄送至學校信箱。
- 4 建議使用電腦填寫；問卷可中途暫停，之後再回來繼續完成。



聯絡資訊：國立臺灣大學心理學系 姚開屏老師
電話：3366-3098 Email: kaiping@ntu.edu.tw



本研究由學務處提供經費支持，並經國立臺灣大學行為與社會科學研究倫理委員會審查通過 (202507HM096)。填答資料將保密處理，並以整體資料進行分析。



大學部： <https://eform.cc.ntu.edu.tw/?designer=scc&database=ERPS&solution=SOLUTION1>

研究生： <https://eform.cc.ntu.edu.tw/?designer=scc&database=ERPS&solution=mQuestion>



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NTU Student Mental Health Survey

Research Information & Survey Guide

Understanding students' well-being and needs to inform student support planning

Study Purpose

This study invites undergraduate and graduate students at National Taiwan University to complete an online questionnaire so that student well-being and needs can be better understood and used as reference for student support planning.

Time Required

Completing the survey takes about **20-30 minutes**.

Data Handling

Responses will be kept confidential and analyzed only in aggregated form.

Prize Drawing Procedure

Participants whose questionnaires are completed and confirmed as valid will be eligible for the prize drawing.

Research Ethics

This study has been reviewed and approved by the Research Ethics Committee of National Taiwan University (202507HM096).

Open the survey directly (clickable and copyable URLs)

Undergraduate: <https://eform.cc.ntu.edu.tw/?designer=scc&database=ERPS&solution=SOLUTION1>

Graduate: <https://eform.cc.ntu.edu.tw/?designer=scc&database=ERPS&solution=mQuestion>

National Taiwan University

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NTU Student Mental Health Survey

Survey Access & Related Information

Please choose the correct questionnaire based on your student status.

Prize Examples

Participants whose questionnaires are completed and confirmed as valid will be eligible for the prize drawing.

Apple 3C Products

(e.g. iPad, AirPods 5)

Bicycle

Convenience Store Gift Vouchers

(NT\$1,000 - NT\$500)

How to Complete the Survey?

Undergraduate Students

Please scan the QR code or use the link below to complete the survey:

<https://eform.cc.ntu.edu.tw/?designer=scc&database=ERPS&solution=SOLUTION1>

Graduate Students

Please scan the QR code or use the link below to complete the survey:

<https://eform.cc.ntu.edu.tw/?designer=scc&database=ERPS&solution=mQuestion>

Important Information

- Survey deadline: November 15.**
- Prize notification:** Winners are expected to be notified through their NTU email account after mid-November.
- Computer use is recommended.** The questionnaire may be paused and resumed later.
- Contact information:** National Taiwan University, Department of Psychology, Professor Kai-Ping Yao. Tel: 3366-3098 Email: kaiping@ntu.edu.tw

This study is supported by the Student Affairs Office and has been reviewed and approved by the Research Ethics Committee of National Taiwan University (Approval No. 202507HM096). Responses will be kept confidential and used only for aggregate statistical analysis.

Open the survey directly (clickable and copyable URLs)

Undergraduate: <https://eform.cc.ntu.edu.tw/?designer=scc&database=ERPS&solution=SOLUTION1>

Graduate: <https://eform.cc.ntu.edu.tw/?designer=scc&database=ERPS&solution=mQuestion>

National Taiwan University

上網填寫問卷

- 大學部學生(**undergraduate**) :
- <https://eform.cc.ntu.edu.tw/?designer=scc&database=ERPS&solution=SOLUTION1>
- 研究生(**graduate**) :
- <https://eform.cc.ntu.edu.tw/?designer=scc&database=ERPS&solution=mQuestion>

大學部請掃



研究生請掃

